# **Y3 Coachability**



# **OBJECTIVES**

- Review Y2 Sessions
- Recommend tools for success Y3 Student Handbook
- Define upward feedback
- Explore the difficulties of bi-directional feedback
- Discuss strategies to elicit the BEST feedback from your preceptors & succeed during clerkships



# Y2 Coachability Recap

- Feedback
  - Clarify expectations, set time for feedback, ask for specific feedback
- Conflict Resolution and Resiliency
  - Take time for yourself- it is okay to take breaks, reach out for help when you need it
  - Listen to understand, communicate, compromise
- Patient Coachability
  - Educate your patients so they can make informed decisions, spend time with your patients and listen, remove yourself from hostile situations



## **Y3 STUDENT TO STUDENT HANDBOOK**

•Specific advice for success in each clerkship

- •Suggested goals and learning issues
- •Tips & tricks we wish we had known

## WHAT IS UPWARD FEEDBACK?

- In a hierarchical system it is when a lower ranking member gives feedback to a higher ranking member
- You will be expected to do this:
  - Clerkship evaluations
  - Preceptor evaluations
  - Resident evaluations





- 1) Fear of retaliation and the effect this might have on your evaluations/career
- 2) Lack of recipient openness to feedback
- 3) Worry about the hurtfulness of a message
- 4) Perception that feedback is not anonymous



### **TIPS ON GIVING UPWARD FEEDBACK**

- Avoid feedback that directly addresses the recipient's personality or character traits
- Be solution-oriented about negative feedback & also provide positive feedback
- Be Specific

#### STRATEGIES TO ELICIT QUALITY FEEDBACK

- Request times each week to meet and receive feedback - in addition to real time feedback
- Be open and receptive to feedback when it is offered... be COACHABLE
  - If necessary set the stage for receiving feedback
- "Sign-out" at the end of the day with your preceptor
  - Informal daily verbal feedback; ask about specific behaviors, skills or activities
  - Formal on-the-fly feedback (most likely weekly)

#### **EXAMPLE ON THE FLY**



oral case presentations?

history taking?

physical examinations?

clinical reasoning?

procedures or skills?

patient notes?

communication with patients, families, and caregivers?

identification of clinical questions and investigation of knowledge gaps?

coachability?

teamwork with other health care professionals?



#### EM

Emergency Medicine Clerkship (R4)



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Emergency Medicine Clerkship (students + core clerkship faculty)

1 Jun 2022 - 1 Jul 2023

Students, Nurse Educators, Clerkship Coordinators & Clerkship Directors can see results in this section. CONTAINS: Personal Goals, Summative Evaluation

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Emergency Medicine Clerkship (students + department faculty)

1 Jun 2022 - 1 Jul 2023

Department faculty can see and complete On the Fly and RIME forms in this section. Students can invite faculty to complete On the Fly forms. CONTAINS: RIME, On the Fly

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valuation of Clerkship Advisor

Report for Individually Designed Selective

What's next?

Nothing upcoming

Most recent placement - Y3 IM

AREA

Hospital Medicine

START DATE - END DATE

23 Apr 2023 - 4 May 2023



## HOW TO SEND AN OTF



#### PLEASE MAKE SURE TO CHOOSE COURSE FROM ONE OF THE FOLLOWING TWO FIELDS TO ENSURE THIS OTF SHOWS UP ON THE REPORT

Select Clerkship or Unit below		
Please select ~		
	ı 	
Select PEP Selective or Elective below		
Please select	$\checkmark$	

STUDENTS : If you are going to email this form to an observer, you may use this space to make a few notes on your experience today to aid the observer when he/she completes the form at a later time. (optional)

2.	
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	ENTATION		
Save as draft	Save progress	✓ Finish	? Help





## Dr. \_\_\_\_\_,

- I worked with you on \_\_\_\_\_. Whenever you get a chance would you mind filling out this evaluation.
- -These were a few of the interesting learning points and patients we evaluated together:
- These are some of the areas you said I did well on:
- These are some of the areas you said I should work on improving:



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On the Fly Coaching Notes

**On-the-Fly Coaching Notes** 

#### PLEASE MAKE SURE TO CHOOSE THE COURSE FROM ONE OF THE FOLLOWING THREE FIELDS TO ENSURE THIS OTF SHOWS UP ON THE REPORT

YEAR 1/YEAR 2/YEAR 3 STUDENTS

Select Unit or Clerkship Below

Select option

#### OR

YEAR 3/YEAR 4 STUDENTS Select PEP Selective or Elective below

Select a group

OR



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Email for later details	Cancel
Email for later to	
If the person is not listed provide their details below	¢
Name *	
Email *	
Flag this response	



# What questions do you have for us?